



Less Alcohol? More Vegetables! Reset Time..  
**So Lovely to See You & Yours**

**We are Now Selling Our Beautifully Packaged POSH Smoked Salmon TO GO £7.50**

This Menu Runs All Day Sunday Midday 'Til 10pm  
**Sharing Snacks & Starters**

- Mushrooms on Toasted Lazy Bread 8.00.. a bit more w/ Eggs?  
Chestnut Hummus with Rosemary Pitta Bread 7.50 (VGN)  
Colonel McTucky's Popcorn Chicken Nuggets 7.00 **Field Mushroom Nuggets 6.00**  
Whipped Pork Pate with Pickles, Apple Sauce & Crackling 7.00  
Potted Goats' Cheese with Medlar Jam, Pumpkin Seeds & Roasted Garlic 7.50  
A Beautiful Green Salad of Herbs, Lettuces & Lemon Dressing 6.50 (VGN)  
Vibrant Spinach Soup, Golden Sippets & Cream-Less Cheese 7.50 (VGN)  
Fish Soup with Prawn(Less) Crackers & 'Caviar' 8.50  
'Back Door' Smoked Salmon & 'That' Soda Bread 15.00 w/ Eggs 16.00

**Main Courses**

- Chicken Kyiv with Hash Browns & Coleslaw 22.00  
Desperate Dan's Cow Pie, *with or without...* 21.00  
Glazed Salmon Fillet, Roasted Vegetables with a Lemon Dressing 21.50  
Oven-Baked-Three-Cheese-Macaroni-Cheese 13.50

**The Great British Roast**

- Sirloin of Shorthorn Beef & Fresh Horseradish** 23.00  
**Brined & Roasted Chicken with Bread Sauce** 21.00  
**Paddock Farm Tamworth Pork with Bramley Apple & Sage** 22.50  
**Parlour's Famous Posh Sunday Roast Platter**  
With All the Trimmings.. *for 2 - 3 - 4 People* 25.00 pp  
**Redefine 'New Meat' & Portobello Mushroom Wellington** 19.50 (VGN)  
Creamed Spinach Croquettes, Roasted Tomato Sauce 19.50 (GF/VGN)  
All Roasts Served with Roasties, Yorkshire Puds, Carrots, Greens & Gravy

**A Bit on the Side Perhaps?**

Roasties, Chips, Hash Browns, Mash, a Lovely Side Salad, Savoy Cabbage or Carrots

**@parlouruk on Twitter, Instagram & Somewhere on Facebook**

Filtered Peckham Spring Water £0 - Filtered Bottomless **Gazzy** Peckham Spring £2.50

Some of our dishes may contain nuts & may not always specify  
Please advise if you have any allergies, we will try & be helpful

A discretionary service charge of 12.5% will be added to food bills