



Less Alcohol? More Vegetables! Reset Time..

So Lovely to See You & Yours

We are Now Selling Our Beautifully Packaged POSH Smoked Salmon TO GO £7.50

Soda Bread Martini £11

Element 29 Vodka Infused with with 'That' Bread

The 'Sprig' £6 (NON)

A 'Shrub' Infused Non Alc Liquor with Indian Tonic & a Rosemary 'Sprig'

- Wines of The Month -

RED RIOJA, Finca Manzanos, Spain £7.75/15.5/31

Intense Ripe Black & Red Fruits, Spices, Liquorice & Chocolate Aroma.

ODD Bird Prosecco, 0% 6.5/32

100% Prosecco, 0% Alcohol

Sharing Snacks & Starters

Chestnut Hummus with Rosemary Pitta Bread 7.50 (VGN)

Colonel McTucky's Popcorn Chicken Nuggets 7.00 **Field Mushroom Nuggets 6.00**

Whipped Pork Pate with Pickles, Apple Sauce & Crackling 7.00

Potted Goats' Cheese with Medlar Jam, Pumpkin Seeds & Roasted Garlic 7.50

A Beautiful Green Salad of Herbs, Lettuces & Lemon Dressing 6.50 (VGN)

Vibrant Spinach Soup, Golden Sippets & Cream-Less Cheese 7.50 (VGN)

Fish Soup with Prawn(less) Crackers & 'Caviar' 8.50

'Back Door' Smoked Salmon & 'That' Soda Bread 15.00 (You Can Even Order Packs To Go)

Main Courses

Chicken Kyiv with Hash Browns & Coleslaw 22.00

Desperate Dan's Cow Pie, *with or without...* 21.00

Slow Cooked Glazed Shoulder of Lamb with Champ & Mint Sauce 21.50

10oz Short Horn Sirloin Steak, Chips & a Pretty Little Salad 31.50

Glazed Salmon Fillet, Roasted Vegetables with a Lemon Dressing 21.50

Steamed Cod with Lots of Lovely Green Things 23.00

Creamed Spinach Croquettes, Roasted Tomato Sauce 19.50 (GF/VGN)

Redefine 'New Meat' & Portobello Mushroom **Wellington** 19.50 (VGN)

Oven-Baked-Three-Cheese-Macaroni-Cheese 13.50

A Bit on the Side Perhaps?

Chips, Hash Browns, Mash, a Lovely Side Salad Or Savoy Cabbage

Puddings/Puds/Afters/Dessert

Or an Irish Coffee to Finish You Off? 7.20

VIP Salted Caramel Hot Chocolate 4.00

A Toasted Marshmallow Wagon Wheel 8.00

Frozen Lemonade - Lots of Flavours 4.50 is it a Pudding or a Drink? (VGN)

Yorkshire Champagne Rhubarb Crumble with Lashings O' Custard 7.00 (GF/VGN)

Rainbow Jelly, Shortbread & 'Chantilly' 7.00 (VGN)

Sticky Toffee Pudding with Custard, Pouring & Iced 'Cream' (7.50) (VGN)

Bottle of Espresso & a Bowl of Vanilla Ice 'Cream' (Affogato VGN Poss) 5.50

Bringing Back the **Arctic Roll!** 4.00/ Couple o' Slices

The Classic Arctic Roll & Lots of Other Funky Flavours. PLS Ask!

DTC's (Dave the Cook's) Salted Caramel Chocolate Rolos 5.00

CHEESE! Stilton with Chutney, Celery, Today & Yesterday's Bread 6.50

@parlouruk on Twitter, Instagram & Somewhere on Facebook

Filtered Peckham Spring Water £0 - Filtered Bottomless **Gazzy** Peckham Spring £2.50

Some of our dishes may contain nuts & may not always specify

Please advise if you have any allergies, we will try & be helpful

A discretionary service charge of 12.5% will be added to food bills