



Almost Holiday Season!

Lovely to See You

BRUNCH - LUNCH - Midday Until 4pm!

**All Day Breakfast & Brunch**

**Mushrooms on Toasted Lazy Bread 8.00.. a bit more w/ Eggs?**

**'Back Door' Smoked Salmon & 'That' Soda Bread 15.00 w/ Eggs 16.00**

**The (No Subs) Full Parlour Breakfast 15.50**

**We also offer a Full VEGGIE or even a Full VEGAN Brekkie 15.00**

*.. Full & Half Breakfasts All Include a Toast Basket to Kick Things Off - RIP Toast Station*

**Sharing Snacks & Starters**

Chestnut Hummus with Rosemary Pitta Bread 7.50 (VGN)

Whipped Field Mushroom Pate with Pickled Red Cabbage 7.50 (VGN)

Baked Goats' Cheese with Vicky's Grapes, Sunflower Seeds & Roasted Garlic 7.00

A Beautiful Green Salad of Herbs, Lettuces & Lemon Dressing 7.50 (VGN)

Colonel McTucky's Popcorn Chicken Nuggets 7.00 Cauliflower Nuggets 6.00

Fish Soup with Prawn(less) Crackers & 'Caviar' 8.50 or a Cup with Salad £7

**Cream of Celariac Soup 7.50 or a Cuppa with Salad £7 (VGN)**

'Back Door' Smoked Salmon & 'That' Soda Bread 15.00 w/ Eggs 16.00

**Main Courses**

**THERE IS A £10 LUNCH DISH EVERY WEEKDAY, PLEASE ASK**

Chicken Kyiv with Hash Browns & Coleslaw 22.00

Desperate Dan's Cow Pie, *with or without...* 21.00

10oz Short Horn Sirloin Steak, Chips & a Pretty Little Salad 31.50

Glazed Salmon Fillet, Roasted Vegetables with a Lemon Dressing 21.50

Roasted Sea Bass with Squash, Spinach, Sage & Pepitas 21.00

Sweetcorn Cake, Roasted Sweetheart Cabbage, Hazelnuts & Marjoram 19.50 (VGN)

**Redefine 'New Meat' & Portobello Mushroom Wellington 19.50 (VGN)**

Oven-Baked-Three-Cheese-Macaroni-Cheese 13.50

**A Bit on the Side Perhaps?**

Chips, Hash Browns, Mash, a Lovely Side Salad Or Savoy Cabbage

**Puddings/Puds/After/Dessert**

Or an Irish Coffee to Finish You Off? 7.20

VIP Salted Caramel Hot Chocolate 4.00

A Toasted Marshmallow Wagon Wheel 8.00

Frozen Lemonade - Lots of Flavours 4.50 is it a Pudding or a Drink?

A PARLOUR Fruity Crumble with Lashings O' Custard 7.00 (GF/VGN)

Sticky Toffee Pudding with Custard, Pouring & Iced Cream (7.50) (VGN)

Bottle of Espresso & a Bowl of Vanilla Ice 'Cream' (Affogato VGN Poss) 5.50

**Bringing Back the Arctic Roll!** 4.00/ Couple o' Slices

*The Classic Arctic Roll & Lots of Other Funky Flavours. Pls Ask!*

**DTC's (Dave the Cook's) Salted Caramel Chocolate Rolos 5.00**

**CHEESE!** Stilton with Chutney, Celery, Today & Yesterday's Bread 6.50

**@parlouruk on Twitter, Instagram & Somewhere on Facebook**

Filtered Peckham Spring Water £0 - Filtered Bottomless **Gazzy** Peckham Spring £2.50

Some of our dishes may contain nuts & may not always specify

Please

A discretionary service charge of 12.5% will be added to food bills